

Summit Snow Jam 2015

Destination: Winter Park, Colorado www.winterparkresort.com

Dates: April 9-13, 2015 (Thu – Mon)

Snow Jam Includes:

- Air & Shuttle Transportation (optional – look at details)
- Lodging (Ski-in and Ski-out privately owned 6 and 8 person condos)
- 3 Days Lift Tickets (Ski School option available for additional fee)
- Rentals (discount if you bring your own ski/snowboard equipment)
- Continental Breakfast/Snacks, Lunch Options and 2 Evening Meals (additional \$ needed)
- 2 Evening All Group Gatherings (meet in Balcony House)

Air & Shuttle Transportation:

Thursday 4/9/15 – Monday 4/13/15. Flight costs are non-refundable and non-transferable. Shuttle service is with Arrow Stage Lines private bus from airport to lodge.

Air & Shuttle Option: If you prefer using frequent flier miles or if you are coming in from a different location then you can use your own carrier. You must be at the airport by the scheduled arrival time for the group to be included on the shuttle. If you do not arrive by that time then you are responsible for getting to the condo.

Lodging: Zephyr Lodge @ Winter Park www.zephyrlodge.com

Zephyr Lodge is a Ski in & Ski out Lodge next to the Zephyr Lift. The Lodge is equipped with laundry facilities on each floor, 4 outdoor hot tubs, fitness room, and on premise snowboard/ski storage which saves money and time! Each room has a fully equipped kitchen, fireplace, and cable TV.

Meeting up at Zephyr:

Both Zephyr buildings have lobbies, which will serve as the Summit rendezvous points. This will be a way to gather for dinner groups, meet friends, and hang out without going all the way to your room!

Summit Snow Jam FAQ's

What is Ski-In/Ski-Out?

It means that at the start of the day you can ski directly from your condo building to the lift, and at the end of the day you ski directly from the ski runs to your condo – no lugging equipment all over the mountain and no buses to ride to or from the condo!! Bottom line it means that the condo is in the best location possible! Go to www.zephyrlodge.com to see it for yourself!

Will there be snow in Winter Park in April?

The honest answer - who knows for sure? But we believe that global warming has not yet taken over Colorado – the fact is that the biggest snow dumps of the year have been happening in late March thru early May since 2001. Winter Park's base is at 9,000 feet which means they usually have snow into June! Winter Park has some of the best snow making machinery in the world, should we need it at any point. Aside from that, they have always worked their hardest for us to have a greatest experience! The major runs will be well groomed and the staff will work to keep them open!

So why go skiing in April?

We get spring break weather without the high prices and big crowds! #1 lodging accommodations, warmer weather, no crowds and awesome price – that seems to be a risk worth taking!

I've heard about people getting "high altitude sickness."

What is it and how do we avoid it?

Your body can be affected by the sudden change in altitude (going from sea level in Houston to 9000+ feet where the air is much thinner) and may result in nausea, listlessness, headaches and other symptoms that can make you feel miserable. To decrease the chances for getting high altitude sickness, drink plenty of fluids—especially water—before you arrive in the mountains AND during your stay. Avoid alcohol and drugs which can escalate the symptoms. It is also very important to remember that a chance for severe sunburn increases at higher elevations. This is because of decreased oxygen. For your protection, always wear sunscreen on exposed skin and use chap stick as well (Preferably a protection factor of 15 or above).

What type of clothing should we take for skiing?

When selecting garments for your insulation layer, you should try to use materials which provide thickness but are not dense and heavy. This will give the best combination of insulation and breathability. Thick, loose knit sweaters and high-bulk, low-weight garments made of synthetic fiberfill or fleece meet these requirements very well. As with undergarments, it is very important to be able to ventilate to rid your body of excess heat when necessary. A crew neck sweater is not always the best choice because it can be difficult to vent or take off. Insulation may consist of one or more layers. Each layer should be relatively easy to put on and take off, so you can control your heat retention by adding or removing layers. The outside layer is your last line of defense, so outerwear should be appropriate for your activity. Jackets and pants must allow perspiration vapor to vent while blocking wind and rain. The material must reduce heat loss and assist the rest of your layers in keeping you dry and comfortable. Try to wear gloves and footwear that are both waterproof and breathable (example: Gore-Tex) and wear glove liners and sock liners that keep moisture away from the skin (example: polypro). You can regulate heat retention and loss easily by wearing a hat when you want to retain heat and removing the hat when you need to rid yourself of excess heat. Don't forget sunglasses or goggles that screen ultraviolet light.

Packing Suggestions

- ◇ Your Information packet
- ◇ Backpack and/or camelback
- ◇ Hat/Stocking Cap
- ◇ Facemask
- ◇ Neck warmer
- ◇ Waterproof gloves/mittens
- ◇ Goggles/Sunglasses
- ◇ Jacket/Parka (water resistant or waterproofed)
- ◇ Synthetic or wool base layers for top & bottom (NO COTTON; wool or synthetic)
- ◇ Fleece zipper or pullover
- ◇ Snow/Water resistant pants
- ◇ Warm socks (NO COTTON; wool or synthetic)
- ◇ Toiletries
- ◇ Sunscreen – SPF 15 or higher
- ◇ Waterproof watch
- ◇ Ear plugs (☺ for snorers and loud breathers)
- ◇ Medical insurance cards
- ◇ Cell phone
- ◇ Extra shoes for each evening
- ◇ Bible and Notebook
- ◇ Water Bottle



- ◇ Swimsuit (for the hot tub-ladies, one piece only)
- ◇ Lip balm (dry air and windy conditions)
- ◇ ID (for airport)
- ◇ Money (cash, credit cards, and/or ATM)
- ◇ Camera
- ◇ Extra clothes for each evening
- ◇ Ski equipment (if you are not renting)