

**Family Team Procedure for Biological Families
(Family Team Members Involved in Determining Most Effective Treatment)**

1. Parents attend an initial group meeting for presentation of our family counseling process to receive information, ask questions and determine if this process will meet the needs of their child(ren)/family. Forms will be filled out and at the end of the meeting an intake interview will be scheduled with a family team therapist. In addition parent modules and other assessments can be scheduled.

Five parent modules specifically focused on the developmental stages of biological families are a part of our treatment process. We have found that parents who have joined us to go through the parent information sessions usually benefit from treatment for their child in the most effective manner. The goal is to provide the most efficient and effective interaction for all in the family.

2. Intake interview with the parents (no children present) and a family team therapist.

3. Assessment sessions may include the following:

- MIM - Video-taped session of each parent with child
- NMT – Neurodevelopmental assessment completed by Mary Ring and parents
- Family sessions doing experiential activities guided by therapist

4. Feedback session to the parents – decision made for treatment plan; treatment sessions scheduled at end of this session

5. Treatment sessions begin – determined by therapist and parents in the feedback

Possibilities:

Theraplay

Regulation and Sensory Activities

Experiential play therapies for child or all the family